

## Sample Outline

### Weapon Disarming Training Course

This course is designed to equip those who may have to deal with an armed assailant, or who travel to certain parts of the world, who are at risk owing to their financial, business status to be able to deal with assaults against them, even to the point of certain weapons being used against them.

#### Objectives:

By the end of the course, delegates should be able to:

- Realise that self-defence/protection techniques are used when all other options have failed.
- How to deal with certain assaults against a person.
- Learn how to immobilize a person.
- Know the quickest & safest escape from strangles/ deal with sharp & blunt weapons.
- How to apply an effective stance in order to deal with head butts, punches, kicks etc
- Assess, & use your environment, thus working out the quickest possible escape route, to minimise confrontation.

This course is designed for your input because of what you may encounter

The 2 day course is a basic introduction to basic techniques.

#### Note:

This is a sample course outline, we always customise to your organisation and the situational challenges that your staff may face. We look forward to working with you.

#### More:

To discuss this course for you or your organisation,

**Call Nick Attard today on 01446 740 411**

Or email: [info@basistraining.co.uk](mailto:info@basistraining.co.uk)